

## HSArts Community Newsletter - Oct 27

Brian Nieh • 3 months ago • Friday, Oct 28 at 11:00 AM • **San Francisco High School of the Arts**



**San Francisco High School of the Arts Family Newsletter | Oct 27, 2022**

**FROM THE ADMINISTRATION**

## Important Dates

**Oct 26-28** Parent-Teacher Conferences

**Oct 28** Afternoon tea with Dr. Sherry

**Oct 28** College Counseling Workshop

## Remarks from our Head of School



Greetings everyone!

This week, we introduced growth mindset vs fixed mindset during the student assembly and leadership class. We also reflected on how we have practiced the study skills we have learned about at the beginning of the quarter. I am confident that our students will have an even more fruitful Quarter 2. Go Phoenix!

- Dr. Sherry Zhang

Head of School

San Francisco High School of the Arts

## Growth Mindset

by Dr. Sherry Zhang

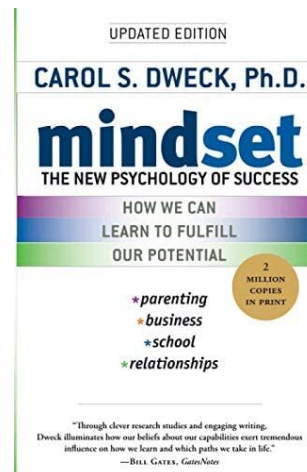
Students have obtained their first quarter report cards. We are very proud of what our students have accomplished this year. All of this has to do with their hard work and developing better study habits.

We have asked students to think about the following questions during the assembly:

1. Are you happy with your report card?
2. Take a second to think about what you want your report card to look like.
3. Do you believe you can improve your report card?
4. Do you believe you will be able to attain your envisioned report card in quarter 2?
5. Do you believe you will do it without changing anything?

We learned from Professor Carol Dweck, the author of Growth Mindset,

“When we face challenges, receive criticism, or fare poorly compared to others, we can become insecure or defensive, which inhibits growth.”



Growth mindset is about believing that intelligence and creativity, as well as things like love and friendship, can be grown and cultivated with practice and time, and change happens through hard work, good strategies, and input from others.

Students took 7 minutes to work on a reflection checklist for Quarter 1 to help them identify which good habits to continue, and what new habits they will start in Quarter 2.

There is a **nice video on growth mindset vs fixed mindset**. Please enjoy.

## **ACADEMICS**

### ***Featured Academic News of the Week***

*Ms. Min Zang, Chinese Language Teacher*

Beginner Level Chinese focuses on listening and speaking skills. Since Chinese takes longer to memorize, these auditory and verbal skills help students pick up the language more easily. Teachers add *pinyin*, a phonetic alphabet, to each of the Chinese characters along with its English definition so students can identify sounds and meaning. This eliminates guesswork and gives students the confidence to practice basic conversation sooner.

By the end of Quarter 1, students learn *pinyin*, standard greetings, birthdays, and can understand and answer basic questions. Students can introduce themselves by name, birthdate and age. We will find new and different ways to communicate as Quarter 2 begins.

## **ARTS**

### ***Featured Arts News of the Week***

*Ms. Dana Crigler, Ballet Teacher*

Greetings HSArts Families! We are so excited about the upcoming holiday show which will include a Nutcracker Act 2 performance that is sure to please! Our performance includes little Forest Swans, the Sugar Plum Fairy, Spanish, Mirliton and Trepak performers. For our Forest Swans, a video of the choreography will be emailed to parents so dancers can practice at home. Please ensure your dancer takes 10 minutes each day to review so they can be their best on stage. It is very important that our youngest students begin incorporating ballet into their homework regimen – just like academic work – so they can continue to improve quickly.

## **ADMISSIONS**

## ***Admissions News***

Last weekend's Open House was a great success with even more families attending than last month. After presentations by Dr. Sherry and Dr. Fung, our staff and student representatives led campus tours for parents and prospective students. They shared their experiences and answered questions. Special thanks to Elsa McGowan, Daphne Ng, Alisa Ryzhova, and Andy Ispas for volunteering their weekend time to help out! We look forward to our Virtual Open House on November 30, 6:00-7:00 p.m.

## **ADMISSIONS**

## **YOUNG ARTISTS**

### ***Young Artists News***

Welcome to our Young Artists news section! Here you will get a peek into our after school and weekend extracurricular program, and learn about our hard working and dedicated young artists. Preparations and rehearsals are coming along nicely, and we can't wait to showcase their delightful programs at the Winter Wonders performance in December!

### ***Open Classes, Trial Classes***

Interested in something new? Want to shore up your training? Know anyone who might want to try out our dance or art classes?

The Young Artists program will hold **free open and trial classes** for students ages 4-17. We invite you, your siblings and friends to come see what our students are learning and how much fun they're having! More importantly, we want you to have the chance to try it for yourself. Come experience a class with our expert teachers in our great facility, and discover the artist in you!

Please contact [info@hsarts.org](mailto:info@hsarts.org) for more information.

## **STUDENT LIFE**



## ***Spooky Scary Skeletons... Halloween is here!***

Halloween is nearly upon us, and our student councils are ready to go! Pumpkins are ready for Jack-o-Lantern carving. Goodies are ready for our bake sale. We've picked the spooky show for our movie-night, and ghosts will be busted! Best of all, we have quite a few entries into our Halloween costume competition. Can't wait to share photos of all the contestants along with all the other fun Halloween activities of the day. Stay tuned!

## ***New Club News!***

The Cooking Club met for the first time last Thursday. The students had a great time preparing a breakfast of scrambled eggs and toast. Cooking Club members will learn how to cook independently and how to cooperate with others to prepare a meal. Other sessions will center on nutrition and home economics. We hope you encourage your child to cook at home, with appropriate supervision. Soon they might be able to cook an entire family meal by themselves!

## **UPCOMING EVENTS**

### **Coming soon!**

- Oct 26-28** Parent-Teacher Conferences
- Oct 28** Afternoon tea with Dr. Sherry
- Oct 28** College Counseling Workshop
- Nov 15** Submission Deadline for HSArts Fall 2022 Art Competition
- Dec 16** Winter Wonders Recital and Art Exhibition

Communication is essential and we strive to connect with our students, parents, and families throughout the school year. We will continue reaching out to you with this weekly newsletter. We also encourage you to visit our website and follow our social pages including Facebook and Instagram for announcements, information, and celebrations.



10-27-2022

